



Suicide Risk Action Plan



	GOOD >>	BETTER >>	BEST >>	RESOURCES
PREVENTION	<ul style="list-style-type: none"> ➤ Conduct effective onboarding (sponsorship & indoc) – connects with newly-reporting Sailors & makes them feel like they're part of the team ➤ Conduct Human Factors Councils to review Sailors & understand their individual stressors ➤ Establish a Command Resilience Team to identify risks of destructive behaviors 	<ul style="list-style-type: none"> ➤ Establish peer-to-peer assistance through the E-OSC Buddy Care training ➤ Conduct Annual Suicide Prevention Training so all hands are aware of warning signs & available resources ➤ Actively & Consistently Message (POD, All Hands) through Project One Small ACT including resources (e.g., 998+1 & chaplains) 	<ul style="list-style-type: none"> ➤ In the event of imminent risk, reduce access to lethal means & seek emergent mental health evaluations ➤ Print POCs list from Mental Health Playbook ➤ Add life skills training to strengthen a Sailor's Mind, Body, & Spirit ➤ Conduct advanced suicide prevention training such as ASIST & safeTalk 	<ul style="list-style-type: none"> • Leaders Suicide Prevention Safe Messaging • CARE Training Program • Real Warriors Campaign • Suicide Prevention Coordinator Training Schedule • Suicide Prevention GMT • Lethal Means Safety Poster • Spread the Truth: Psychological Health Treatment & SF86 Q21
RESPONSE	<ul style="list-style-type: none"> ➤ Report any Suicide, Suicide Attempt, or Suicide Related Behavior IAW OPNAVINST F3100.6J ➤ Open a DoDSER within 30 days of a suspected suicide ➤ Convene a Suicide Event Review Board on confirmation of suicide 	<ul style="list-style-type: none"> ➤ Ensure 100% referral to the Sailor Assistance & Intercept for Life (SAIL) program ➤ Develop & practice a Command Crisis Response Plan annually ➤ Effectively reintegrate any person who leaves the command for mental health, or suicide-related reasons 	<ul style="list-style-type: none"> ➤ Understand Postvention resources & procedures ➤ Maintain effective messaging ➤ Balance transparency & compassion 	<ul style="list-style-type: none"> • Sailor Assistance & Intercept for Life (SAIL) Program • FY-23 1 Small ACT Toolkit • Mental Health Playbook v1.1 • Human Factors Councils